

trail beside the rocks, you'll get an enticing look at the rugged **Na Pali coastline**. Look up toward the mountains and you'll see **Bali Hai** (Hawaiian name **Makana Peak**). Clever photography turned the peak into the mystical island of Bali Hai in the movie *South Pacific*. As you stare at this peak with its incredibly steep sides, picture the following scene that took place in ancient times.

Men would climb the 1,600-foot peak carrying special spears made of hau and papala. The trail was so difficult in spots that they had to cling to the side of the mountain for dear life. When it got dark, they would light the spears and hurl them as hard as they could toward the ocean below. The spears were designed to leave a fire trail behind and were light enough to get caught in the

Walk the shoreline trail past Ke'e Beach for a great view of Na Pali.



updrafts. The light show was immensely popular.

From the end of Ke'e Beach, a trail cuts through the jungle up to the **Ka-ulu-Paoa Heiau**, still visible by the pavement of stones outlining its foundations next to a lava cliff. Other trails to the heiau may be on private property, but the shoreline trail from the beach is public. For over 1,000 years this heiau served as the most important and prestigious school for hula in the islands. Would-be students came from around the island chain to learn from the *kumu hula*, or hula master. Please don't disturb any rocks lying about. Just past the heiau a short trail leads to a small waterfall (which is merely a trickle during dry times). *Fifty* generations of hot, thirsty students came to this tiny waterfall, sat on these very rocks and talked about their lives, hopes, fears and dreams. It's humbling to share these rocks with their spirits. It's as if you can still hear



Kauai's north shore is where the majority of the state's taro is grown. This field, in the Hanalei Valley, was planted with rice to look like Vietnam in the movie Uncommon Valor.

the echo of their lives in the sound of the gurgling water.

Just east of **Ke'e** is where the infamous **Taylor Camp** used to be. This is where Howard Taylor, brother of Elizabeth Taylor, owned a piece of land in the 1960s and encouraged other "hippies" to come and live off the land. The camp swelled to more than 100 people who mostly ended up living off residents or the government. Before the state condemned the property in 1977, camp residents began what would become the national *puka shell* craze when one of the residents fashioned a necklace of shells and gave it to Howard, who in turn gave it to his famous sister Liz.

NORTH SHORE SHOPPING

Across from mile marker 20 on the way north to Kilauea is **Hawaiian Hardwoods** for everything from boxes to tables, most following the natural forms found in the original wood. In Ki-

lauea at Kong Lung Center try **Kong Lung Co.** for outstanding Japanese ceramics, housewares and other items. Also in the same building don't miss **Banana Patch Gallery** for Hawaiian style ceramics and other island items for the home. In the back is **Cake**, a women's boutique with some unique clothing and accessories. Outside at the back of the center is **Coconut Style**, if your bedding could use some bright original island batik designs. **Island Soap & Candle** has just what the name implies, all made locally. And for jewelry, stop in at **Lotus Gallery**. Next to the Center pick up some fine wines and gourmet foodstuffs at **Kilauea Town Market**.

In the Princeville Shopping Center, **Magic Dragon Toy & Art Supply** has many options to keep the young and old entertained, including books, games, puzzles and of course, dragons. **Walking in**