


which is ringed half-way by a 20-foot cliff. On the far side is a rope swing with a ladder leading up the side of a cliff. Get out of the pond via thick tree roots. The  entire setting is wonderful. Obviously, you need to evaluate the condition of the rope, pond and ladder yourself to determine if it's safe. People use the rope all the time (including us), but we won't vouch for its safety. Also, don't underestimate how much strength it takes to hold onto the rope. If you slide down before you're ready, it could (and has) caused serious injury to a place you *don't* want injured. Jump out, swing and *release* and hope there's only water below you.

To get to the falls, walk the trail on your left just before the bridge on Kipu Road (see map). The land was formerly used for growing sugar. Although the land company has posted NO TRESPASSING signs on their land, it hasn't stopped locals—who have visited this waterfall for generations—from walking to it. In fact, according to the local newspaper, community activists contend that access has occurred for so long, a “prescriptive easement” exists. Regardless, we'll just tell you where it is and leave the rest to you. Maybe you can call Grove Farm and ask if you can use the trail to their waterfall. They've certainly been gracious about letting people use their private road to Maha'ulepu Beach in Po'ipu for years. You should know that the stream itself and the falls (though not the rope swing) are on *state land* and not owned by or leased to anyone. Only the surrounding land is private. As long as you're between the stream banks, you're not trespassing, according to county personnel we spoke with. Anyway, just before the trail you're walking on begins to ascend, there is a very short (but sometimes slippery) trail down to the top of the falls on your right. (The sugar cane on the

main trail gets a little intrusive at times.) The entire walk takes about 5 minutes. You're on your own from here. The alternative is to walk in the stream from the bridge the whole way. That way is perfectly legal, according to the county. Remember not to leave valuables in your car; break-ins are not uncommon here.

If you were to continue on Kipu Road, you would quickly come to a magnificent strand of Cook Island pines. These trees were highly valued as ship's masts in the Age of Discovery. This entire area is called **Kipu** and is currently leased to the Rice family and the Waterhouse Trust. William Hyde Rice was a cattle rancher, and a monument to him was erected here by his Japanese workers. Behind Ha'upu mountain is the fabulous beach called **Kipu Kai**. This long crescent of sand is a beachgoer's dream. Unfortunately, the only way to reach it is by boat or over the private road owned by Kipu Ranch and the Waterhouse Trust. This road is closed to the public, though you can get a glimpse of Kipu Kai from the ATV tour on page 119. John Waterhouse ordered that the 1,096 acres of leased state land revert to the state at the time of death of the last of his four nieces and one nephew (which hasn't happened yet). We've tried walking to Kipu Kai from Ha'ula Beach. The horse path up and over the tall mountain is riddled with evil plants with thorns that turned our exposed legs to hamburger.

EAST SHORE SHOPPING

The east shore is a shopper's paradise. Starting in northern Kapa'a, there's the **Kaua'i Products Fair** Thursdays through Sundays. Most of the products, ironically, are *not* made on Kaua'i—so ask—but a few are and may be worth a look. Next door is the **Red Dirt Store**.

In downtown Kapa'a, try **Island Hemp & Cotton**, **Deja Vu** and **Tropical Tan-**

trum for clothing. Look for vintage-style Hawaiian clothing and gifts at **Hula Girl**. Next door is **Jacques Amo** for custom Tahitian pearl jewelry. **Kela's a Glass Gallery** has amazing glass art and decorative items. Fantastic stuff, though ultra-pricey, but worth a look even if it's not in the budget. Across the street in Roxy Square, **The Glass Shack** has hand-blown glass you can watch being made at prices for the rest of us. Behind them, pick up some fresh bread at **Country Moon Bakery**. The **Pono Market** is a good stop for manju, plate lunches and other local foods. **Orchid Alley** will ship any of their plants to the mainland.

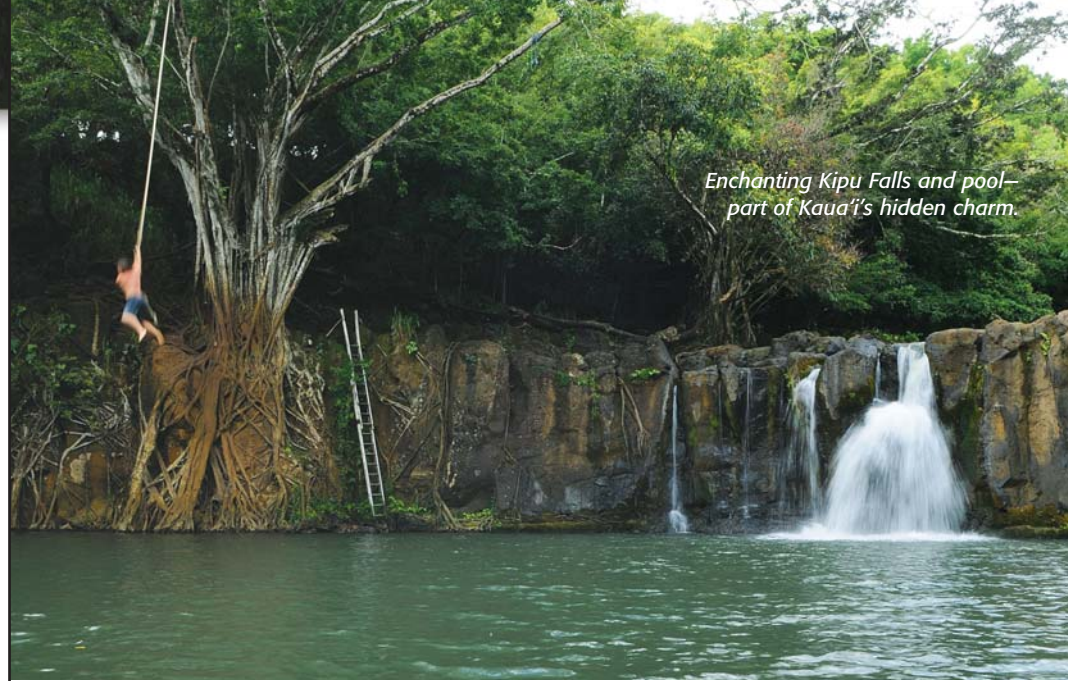
Continuing south just before the whale mural, **Jungle Girl** near the Lemongrass Restaurant offers some great clothing and accessories, as does **Marta's Boat** (across the street from the Foodland). Plan to shop here in the afternoons to be sure they're open.

In Kaua'i Village Shopping Center, if you enjoy making your own jewelry, visit **Divine Planet** for a huge selection of beads, as well as textiles for the home.

At Coconut Marketplace you'll find many shopping options in all price ranges. Some to note are: **Ship Store Galleries** for art and antiques *mostly* with a nautical theme. **Hot Flashes** (not the kind you're thinking of) has art glass jewelry at reasonable prices. **Jungle Rain** has a selection of island-style clothing and gifts. (Their stuffed roosters only *look* like the ones that woke you up at 4 a.m. Clap your hands and they will crow just as annoyingly.) **Palm Palm Kaua'i** has outstanding locally made jewelry and other accessories.

At Kinipopo Shopping Village across from Haleilio Road stop at **Tin Can Mailman** if you truly love books as we do and want to add some rare, out-of-print Hawai'i-related titles to your personal collection. For women's clothes in natural fabrics check out **Style World**. If Fido was hoping you'd bring him back a Hawaiian shirt or his name on a custom-made Swarovski crystal collar, stop in at **CJ's Bow Wow Boutique**.

Before or after your visit to Wailua Falls, stop by **Kapaia Stitchery**. In addition to the *unrivaled* Hawaiian print fabric



Enchanting Kipu Falls and pool—part of Kaua'i's hidden charm.